

Health and Safety of Transgender Youth in San Luis Obispo County

Central Coast Coalition for Inclusive Schools

<i>Data are drawn from responses from students in 7th, 9th, and 11th grades taking the California Health Kids Survey (CHKS)</i>	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2019 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
	77 1.2%	6287 98.8%	69 1.0%	6875 99.0%	150 1.6%	9169 98.4%	104 1.3%	7668 98.7%	1.1%	98.9%
Attendance										
How many times did you skip school or cut class in the past 12 months? (more than once a week)	18.2%	3.1%	4.4%	3.1%	23.0%	3.2%	16.3%	2.7%	12.7%	2.2%
Missed school because you felt very, sad, hopeless, anxious, stressed, angry? (past 30 days)	20.8%	11.9%	39.1%	11.8%	38.0%	11.5%	35.6%	9.2%	22.8%	7.2%
Missed school because you didn't feel safe at school? (past 30 days)	9.1%	1.5%	12.3%	1.5%	22.7%	1.9%	16.3%	1.8%	10.3%	1.5%
Safety										
How safe do you feel when you are at school? (unsafe or very unsafe)	26.0%	5.2%	20.0%	5.0%	37.6%	6.5%	43.5%	9.5%	33.4%	8.2%
Have you been in a physical fight? (past 12 months)	29.9%	10.8%	20.0%	9.4%	42.6%	11.1%	39.8%	11.5%	37.0%	11.2%
Have you carried a gun at school? (past 12 months)	19.5%	1.8%	7.8%	1.0%	30.1%	1.6%	23.7%	1.4%	25.1%	1.6%
Did you ever seriously consider attempting suicide? (past 12 months)	26.0%	12.0%	46.0%	16.6%	57.9%	16.9%	60.5%	17.9%	52.7%	16.1%
Did you ever feel so sad or hopeless almost everyday for two weeks or more that you stopped doing some usual activities? (past 12 months)					68.7%	27.4%	69.6%	31.1	62.7%	31.9%
Bullying and harassment										
In the past 12 months on school property have you...										
• Been pushed, shoved, slapped, hit, kicked by someone 1 or more times	40.3%	22.3%	41.5%	20.6%	54.4%	22.9%	49.0%	22.1%	44.2%	20.7%
• Been afraid of being beaten up?	24.7%	13.4%	26.2%	12.5%	43.0%	13.8%	47.5%	14.0%	43.2%	14.1%
• Had rumors/lies spread about you?	42.9%	38.9%	44.6%	38.0%	61.7%	39.1%	60.4%	38.7%	54.1%	33.8%
• Had sexual jokes, comments, or gestures made to you?	44.2%	37.4%	59.4%	33.4%	68.9%	33.6%	62.4%	32.2%	54.5%	27.9%

• Been made fun of because of your looks or way you talked?	44.2%	33.0%	61.5%	31.2%	65.1%	32.1%	62.4%	32.7%	55.9%	29.9%
• Been threatened with harm or injury?	31.2%	10.8%	24.6%	8.3%	47.3%	9.1%	40.6%	9.5%	35.9%	8.4%
• Been made fun of, insulted, or called names?	47.4%	40.5%	57.8%	37.3%	67.1%	37.7%	63.3%	35.1%	55.7%	31.2%
• Were harassed or bullied for your race, ethnicity, or national origin?	34.2%	13.2%	14.1%	11.5%	38.9%	13.0%	38.3%	13.0%	34.1%	13.9%
• Were harassed or bullied for your religion?	18.7%	9.0%	10.9%	7.7%	38.3%	8.2%	37.6%	7.5%	30.5%	6.2%
• Were harassed or bullied for your gender?	31.6%	7.2%	30.2%	7.7%	50.7%	8.4%	64.7%	7.2%	51.0%	7.0%
• Were harassed or bullied because you are gay or lesbian or somebody thought you were?	34.7%	7.7%	40.6%	7.0%	58.8%	7.5%	66.6%	8.6%	54.6%	8.5%
• Were harassed or bullied because physical or mental disability?	14.9%	4.6%	16.9%	4.0%	41.3%	4.5%	42.5%	4.9%	36.1%	4.4%
• Were harassed or bullied for any other reason?	33.3%	21.4%	44.6%	18.7%	53.5%	19.1%	58.3%	21.0%	46.1%	17.7%

	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2019 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans		
Protective Factors % responding “disagree” or “strongly disagree”										
I feel close to people in this school.	16.0%	10.9%	24.6%	12.6%	40.0%	12.9%	31.7%	13.7%	34.7%	13.8%
I am happy to be at this school.	32.5%	12.9%	35.4%	12.4%	48.0%	14.6%	46.1%	16.9%	39.0%	15.2%
I feel like I am part of this school.	28.6%	14.7%	36.9%	14.6%	39.8%	15.4%	45.6%	18.2%	41.3%	17.1%
Teachers at this school treat students fairly.	24.7%	14.1%	24.6%	13.6%	33.3%	14.6%	36.9%	14.7%	35.2%	16.1%
I feel safe at my school.	23.4%	7.9%	25.0%	8.2%	31.8%	9.1%	40.7%	13.5%	36.6%	12.8%
I do interesting activities at my school.	24.0%	14.2%	21.9%	15.5%	36.1%	16.5%	32.0%	19.5%	32.0%	18.5%
I do things that make a difference at school.	34.7%	26.5%	39.7%	25.2%	42.7%	25.7%	48.1%	31.1%	44.4%	31.7%
Caring relationship % responding “not at all true” to: At my school there is a teacher or some other adult										
...who really cares about me.	21.1%	9.7%	18.5%	8.5%	31.9%	9.3%	27.2%	10.2%	28.4%	11.3%
...who tells me when I do a good job.	18.4%	6.9%	13.8%	5.8%	29.7%	7.0%	26.0%	7.6%	26.5%	9.2%
...who notices when I am not there.	25.0%	12.1%	23.8%	10.8%	31.0%	12.0%	26.2%	12.6%	31.3%	14.6%
...who always wants me to do my best.	17.3%	4.4%	4.6%	3.8%	23.0%	4.6%	20.2%	4.8%	22.0%	5.5%
...who listens when I have something to say.	24.7%	8.3%	15.4%	7.7%	25.7%	8.5%	22.1%	9.5%	27.0%	9.7%
...who believes that I will be a success.	27.3%	8.0%	15.4%	6.4%	25.9%	7.1%	26.2%	8.6%	27.1%	8.9%

	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2019 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans		
Lifetime Substance Use										
Cigarettes	27.3%	15.4%	21.5%	10.9%	43.9%	10.6%	31.3%	8.1%	32.7%	5.2%
Tobacco	13.2%	7.6%	9.2%	5.6%	41.2%	6.2%	24.8%	5.8%	28.5%	3.2%
Alcohol	51.9%	37.2%	46.2%	31.0%	61.1%	29.5%	47.5%	27.8%	49.5%	22.2%
Marijuana	38.2%	26.1%	40.0%	22.3%	57.1%	21.4%	40.6%	21.9%	46.4%	17.4%
Inhalants	18.2%	6.2%	10.0%	4.9%	43.2%	5.1%	32.4%	4.4%	32.1%	4.1%
Cocaine/Methamphetamine	9.1%	5.8%	15.4%	4.1%	40.6%	6.1%	32.5%	5.9%	31.7%	2.9%
Ecstasy	16.3%	8.5%	12.2%	6.9%	41.0%	8.0%	33.9%	7.4%	33.6%	4.2%
Prescription Painkillers	20.5%	21.2%	26.0%	13.2%	49.1%	14.3%	37.9%	11.9%	37.2%	7.5%
Diet Pills	16.3%	6.4%	4.1%	5.6%	33.7%	6.5%	35.6%	5.5%	32.7%	4.3%
Ritalin or Adderall	11.4%	8.4%	10.2%	7.0%	38.8%	8.3%	35.2%	7.4%	33.5%	4.1%
Cold Medicine	40.9%	37.7%	30.0%	29.3%	55.7%	29.8%	43.3%	10.6%	36.4%	8.0%
Other Drug	13.6%	10.7%	18.5%	5.5%	40.5%	8.6%	29.2%	5.3%	32.1%	4.1%
Past 30 Day Substance Use										
Cigarettes	13.0%	7.3%	9.4%	5.0%	34.9%	5.1%	26.8%	4.0%	29.3%	3.2%
Tobacco	9.4%	2.9%	4.6%	2.0%	32.9%	2.6%	24.6%	2.7%	25.1%	1.4%
Alcohol (One Drink)	25.9%	21.1%	26.6%	17.7%	47.9%	17.5%	36.3%	13.6%	35.5%	10.4%
Alcohol (Five or More Drinks)	21.8%	13.4%	15.6%	9.2%	36.0%	10.2%	31.8%	8.0%	30.2%	5.3%
Marijuana	21.8%	15.0%	26.2%	12.7%	44.2%	12.5%	33.8%	13.2%	36.4%	10.2%
Inhalant	5.5%	1.9%	6.2%	1.3%	34.9%	2.1%	27.4%	2.1%	27.5%	1.9%
Prescription Painkillers	9.1%	5.4%	12.0%	4.7%	37.4%	6.0%	34.6%	4.4%	30.5%	2.7%
Other Drugs	7.3%	3.4%	9.4%	2.5%	32.1%	3.5%	26.4%	3.0%	28.2%	2.3%
Two or More Drugs	11.4%	9.8%	16.0%	7.3%	40.2%	8.0%	38.4%	7.9%	32.2%	4.6%

SLO County Participant Demographics 2013, 2015, and 2017

N = 6623
M = 51.1%
F = 48.5%

7th grade = 2134 (32%)
9th grade = 2153 (32.3%)
11th grade = 1927 (28.9%)

White	3268	(54.2%)
Hispanic/Latino	2531	(38.8%)
Mixed	2198	(36.4%)
Am. Indian/Alaskan	177	(2.9%)
Asian	171	(2.8%)
Black or African American	145	(2.4%)
Hawaiian/Pacific Isl.	75	(1.2 %)

N = 6564
M = 51.0%
F = 49.0%

7th grade = 2031 (33.8%)
9th grade = 2100 (35.0%)
11th grade = 1874 (31.2%)

White	3317	(54.3%)
Hispanic/Latino	2433	(37.7%)
Mixed	2284	(34.8%)
Am. Indian/Alaskan	147	(2.4%)
Asian	183	(3.0%)
Black or African American	109	(1.8%)
Hawaiian/Pacific Isl.	65	(1.1 %)

N = 9,319
M = 51.7%
F = 48.3%

7th grade = 3642 (39.4%)
9th grade = 3,811 (33.4%)
11th grade = 1992 (21.6%)

White	4561	(52.6%)
Hispanic/Latino	2751	(38.7%)
Mixed	3348	(38.6%)
Am. Indian/Alaskan	242	(2.8%)
Asian	242	(2.8%)
Black or African American	186	(2.1%)
Hawaiian/Pacific Isl.	99	(1.1 %)

SLO Demographics 2019

N = 8008
M = 51.7%
F = 48.3%

7th grade = 3116 (38.7%)
9th grade = 2,436 (30.0%)
11th grade = 2183 (27.0%)

White	3991	(52.6%)
Hispanic/Latino	3224	(40.2%)
Mixed	2995	(39.5%)
Am. Indian/Alaskan	195	(2.6%)
Asian	205	(2.7%)
Black or African American	140	(1.8%)
Hawaiian/Pacific Isl.	63	(0.8 %)

California Participant Demographics 2017 - 2019

N= 1,089,343
M = 50.5%
F = 49.5%

7th grade = 35.5%
9th grade = 33.5%
11th grade = 27.8%

Asian/	12.3%
American Indian	4.1%
Black	4.9%
White	31.0%
Multiracial	45.9%
Hispanic/Latino	52.1%
Hawaiian/Pacific Islander	01.7%

Methods: The data presented in this fact sheet were collected as part of the California Healthy Kids Survey in the 2013-2015, 2015-2017 and 2017-2019 academic years at middle and high schools throughout California. The data were collected using a paper and pencil survey, or online survey, administered by school sites and reported to and compiled by WestEd. The data were analyzed running Chi-Square tests using SPSS statistical software. All differences reported here are statistically significant.

Acknowledgements: The California Healthy Kids Survey was developed by WestEd under contract to the California Department of Education. This fact sheet was procured and prepared by John Elfers, PhD from Sofia University and Katherine Soule, PhD from University of California, Cooperative Extension (UCCE). These data were acquired through funds provided by the UCCE. This project is a partnership among the following agencies: The GALA Pride and Diversity Center, The Central Coast Coalition for Inclusive Schools, and Tranz Central Coast.

For **Further information** about this Fact Sheet, contact:

John Elfers, PhD
John.Elfers@sofia.edu

Katherine Soule
kesoule@ucanr.edu

