

Health and Safety of Transgender Youth in San Luis Obispo County

Central Coast Coalition for Inclusive Schools

<i>Data are drawn from responses from students in 7th, 9th, and 11th grades taking the California Health Kids Survey (CHKS)</i>	2015 SLO		2013 SLO		2013 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
	69 1.0%	6875 99.0%	77 1.2%	6287 98.8%	4778 0.8%	630200 99.2%
Attendance						
How many times did you skip school or cut class in the past 12 months? (more than once a week)	4.4%	3.1%	18.2%	3.1%	14.8%	2.8%
Missed school because you felt very sad, hopeless, anxious, stressed, angry? (past 30 days)	39.1%	11.8%	20.8%	11.9%	18.2%	12.0%
Missed school because you didn't feel safe at school? (past 30 days)	12.3%	1.5%	9.1%	1.5%	3.6%	1.4%
Safety						
How safe do you feel when you are at school? (unsafe or very unsafe)	20.0%	5.0%	26.0%	5.2%	27.3%	5.1%
Have you been in a physical fight? (past 12 months)	20.0%	9.4%	29.9%	10.8%	23.5%	10.1%
Have you carried a gun at school? (past 12 months)	7.8%	1.0%	19.5%	1.8%	18.5%	1.6%
Did you ever seriously consider attempting suicide? (past 12 months)	46.0%	16.6%	26.0%	12.0%	31.8%	18.5%
Bullying and harassment						
In the past 12 months on school property have you...						
• Been pushed, shoved, slapped, hit, kicked by someone 1 or more times	41.5%	20.6%	40.3%	22.3%	32.7%	21.2%
• Been afraid of being beaten up?	26.2%	12.5%	24.7%	13.4%	21.8%	13.0%
• Had rumors/lies spread about you	44.6%	38.0%	42.9%	38.9%	32.7%	38.4%
• Had sexual jokes, comments, or gestures made to you?	59.4%	33.4%	44.2%	37.4%	36.4%	37.2%
• Been made fun of because of your looks or way you talked?	61.5%	31.2%	44.2%	33.0%	36.4%	32.4%
• Been threatened with harm or injury?	24.6%	8.3%	31.2%	10.8%	29.1%	18.5%
• Been made fun of, insulted, or called names?	57.8%	37.3%	47.4%	40.5%	43.6%	40.0%
• Were harassed or bullied for your race, ethnicity, or national origin?	14.1%	11.5%	34.2%	13.2%	32.7%	12.8%

• Were harassed or bullied for your religion?	10.9%	7.7%	18.7%	9.0%	16.7%	9%
• Were harassed or bullied for your gender?	30.2%	7.7%	31.6%	7.2%	32.7%	7.2%
• Were harassed or bullied because you are gay or lesbian or somebody thought you were?	40.6%	7.0%	34.7%	7.7%	32.7%	7.3%
• Were harassed or bullied because physical or mental disability?	16.9%	4.0%	14.9%	4.6%	16.4%	4.3%
• Were harassed or bullied for any other reason?	44.6%	18.7%	33.3%	21.4%	30.2%	21.2%

	2015 SLO		2013 SLO		2013 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
Protective Factors						
% responding “disagree” or “strongly disagree”						
I feel close to people in this school.	24.6%	12.6%	16.0%	10.9%	23.4%	12.7%
I am happy to be at this school.	35.4%	12.4%	32.5%	12.9%	28.5%	13.1%
I feel like I am part of this school.	36.9%	14.6%	28.6%	14.7%	32.5%	16.5%
Teachers at this school treat students fairly.	24.6%	13.6%	24.7%	14.1%	32.1%	17.3%
I feel safe at my school.	25.0%	8.2%	23.4%	7.9%	25.4%	10.5%
I do interesting activities at my school.	21.9%	15.5%	24.0%	14.2%	25.2%	16.6%
I do things that make a difference at school.	39.7%	25.2%	34.7%	26.5%	39.4%	29.0%
Caring relationship						
% responding “not at all true” to:						
At my school there is a teacher or some other adult						
...who really cares about me.	18.5%	8.5%	21.1%	9.7%	21.2%	10.8%
...who tells me when I do a good job.	13.8%	5.8%	18.4%	6.9%	18.5%	7.9%
...who notices when I am not there.	23.8%	10.8%	25.0%	12.1%	24.9%	13.5%
...who always wants me to do my best.	4.6%	3.8%	17.3%	4.4%	15.3%	5.3%
...who listens when I have something to say.	15.4%	7.7%	24.7%	8.3%	21.6%	9.6%
...who believes that I will be a success.	15.4%	6.4%	27.3%	8.0%	20.6%	8.3%

	2015 SLO		2013 SLO		2013 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
Lifetime Substance Use						
Cigarettes	21.5%	10.9%	27.3%	15.4%	21.5%	9.3%
Tobacco	9.2%	5.6%	13.2%	7.6%	11.8%	3.7%
Alcohol	46.2%	31.0%	51.9%	37.2%	42.0%	30.2%
Marijuana	40.0%	22.3%	38.2%	26.1%	33.1%	20.7%
Inhalants	10.0%	4.9%	18.2%	6.2%	14.8%	5.3%
Cocaine/Methamphetamine	15.4%	4.1%	9.1%	5.8%	13.1%	3.3%
Ecstasy	12.2%	6.9%	16.3%	8.5%	14.5%	4.9%
Prescription Painkillers	26.0%	13.2%	20.5%	21.2%	23.2%	12.3%
Diet Pills	4.1%	5.6%	16.3%	6.4%	13.3%	5.3%
Ritalin or Adderall	10.2%	7.0%	11.4%	8.4%	12.9%	4.3%
Cold Medicine	30.0%	29.3%	40.9%	37.7%	40.0%	39.0%
Other Drug	18.5%	5.5%	13.6%	10.7%	18.6%	7.9%
Past 30 Day Substance Use						
Cigarettes	9.4%	5.0%	13.0%	7.3%	14.0%	3.8%
Tobacco	4.6%	2.0%	9.4%	2.9%	8.9%	1.5%
Alcohol (One Drink)	26.6%	17.7%	25.9%	21.1%	27.0%	16.2%
Alcohol (Five or More Drinks)	15.6%	9.2%	21.8%	13.4%	18.9%	8.4%
Marijuana	26.2%	12.7%	21.8%	15.0%	22.6%	10.8%
Inhalant	6.2%	1.3%	5.5%	1.9%	10.7%	1.8%
Prescription Painkillers	12.0%	4.7%	9.1%	5.4%	14.6%	3.7%
Other Drugs	9.4%	2.5%	7.3%	3.4%	11.9%	2.5%
Two or More Drugs	16.0%	7.3%	11.4%	9.8%	16.6%	5.8%

SLO County Participant Demographics 2013 and 2015

N = 6623

M = 51.1%

F = 48.5%

7th grade = 2134 (32%)

9th grade = 2153 (32.3%)

11th grade = 1927 (28.9%)

White	3268	(54.2%)
Hispanic/Latino	2531	(38.8%)
Mixed	2198	(36.4%)
Am. Indian/Alaskan	177	(2.9%)
Asian	171	(2.8%)
Black or African American	145	(2.4%)
Hawaiian/Pacific Isl.	75	(1.2 %)

N = 6564

M = 51.0%

F = 49.0%

7th grade = 2031 (33.8%)

9th grade = 2100 (35.0%)

11th grade = 1874 (31.2%)

White	3317	(54.3%)
Hispanic/Latino	2433	(37.7%)
Mixed	2284	(34.8%)
Am. Indian/Alaskan	147	(2.4%)
Asian	183	(3.0%)
Black or African American	109	(1.8%)
Hawaiian/Pacific Isl.	65	(1.1 %)

California Participant Demographics 2013

N = 623731

M = 51.0%

F = 49.0%

7th grade = 187514 (33.7%)

9th grade = 193180 (34.7%)

11th grade = 175627 (31.6%)

White	183406	(33.3%)
Hispanic/Latino	311599	(50.0%)
Mixed	229434	(41.6%)
Am. Indian/Alaskan	23453	(4.3%)
Asian	75880	(13.8%)
Black or African American	26769	(4.9%)
Hawaiian/Pacific Isl.	12263	(2.2 %)

Methods: The data presented in this fact sheet were collected as part of the California Healthy Kids Survey in the spring of 2014 and 2016 at middle and high schools across San Luis Obispo County. The data were collected using a paper and pencil survey administered by school sites and reported to and compiled by WestEd. The Central Coast Coalition for Inclusive Schools requested the dataset from WestEd and the data were analyzed running Chi-Square tests using SPSS statistical software. All differences reported here are statistically significant.

The Central Coast Coalition for Inclusive Schools (CCC4IS) is a network of community partners actively supporting the development of safe and affirming school communities.

Mission: The CCC4IS actively supports the development of safe and affirming school communities. We strive to celebrate diversity, advocate for social justice, and transform educational cultures by empowering youth, families, professionals, and organizations. www.centralcoastinclusiveschools.org

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